

## Institute For Senior Action

### SAMPLE CURRICULUM

<p><b><u>Session I:</u></b></p> <p>Introduction to the JPAC Program and Social Action: Review of course content.</p> <p>"Getting to Know You" Exercise</p>	<p><b><u>10:00am – 2:30pm</u></b>  <b>Morning:</b> Leah Ferster, <i>Assistant EVP for Case Services</i>  <b>JASA</b>  Molly Saiger, <i>IFSA Project Director</i>  <b>JPAC</b>  Dorothy Epstein, <i>Founder / Consultant</i>  <b>IFSA</b></p> <p><b>Afternoon:</b> Jean Baden-Gillet, <i>Deputy Director</i>  <b>DFTA Training Unit</b></p>
<p><b><u>Session II:</u></b></p> <p>Voter Registration and Outreach</p> <p>Learning the Issues: Senior Entitlements</p>	<p><b><u>10:00am – 2:30pm</u></b>  <b>Morning:</b> Larry Wood, <i>Family Council Organizer</i>  <b>Goddard-Riverside Community</b></p> <p><b>Afternoon:</b> Lani Sanjek, <i>Associate Executive Director</i>  <b>New York StateWide Senior Action Council</b></p>
<p><b><u>Session III:</u></b></p> <p>Issue Analysis for Public Presentation</p> <p>Techniques of Social Action</p>	<p><b><u>10:00am – 2:30pm</u></b>  <b>Morning:</b> Thomas Wheatley, <i>Campaign Director</i>  <b>Jobs With Justice</b></p> <p><b>Afternoon:</b> Joan Minieri, <i>Documentation Coordinator</i>  <b>Community Voices Heard</b></p>
<p><b><u>Session IV:</u></b></p> <p>Writing Skills and Techniques</p> <p>City Budget and Legislative Processes</p>	<p><b><u>10:00am – 2:30pm</u></b>  <b>Morning:</b> Lisa Eggert Litvin, <i>Expert Writer</i></p> <p><b>Afternoon:</b> Bonnie Brower and Rachel Hayes  <b>City Project</b></p>
<p><b><u>Session V:</u></b></p> <p>How to Run an Effective Meeting</p> <p>State Budget and Legislative Processes</p>	<p><b><u>10:00am – 2:30pm</u></b>  <b>Morning:</b> Karen Bassuk  <b>Visiting Nurse Services</b></p> <p><b>Afternoon:</b> Honorable Carl E. Heastie, <i>Assemblymember</i>  <b>New York State Assembly</b></p>
<p><b><u>Session VI:</u></b></p> <p>Volunteerism and Mentoring</p> <p>The Media: A Tool for Social Action</p>	<p><b><u>10:00am – 2:30pm</u></b>  <b>Morning:</b> Rose Dobrof, <i>Professor of Gerontology</i>  <b>Brookdale Center on Aging</b></p> <p><b>Afternoon:</b> Richard Barr, <i>Media Consultant</i>  <b>Former Press Secretary</b></p>
<p><b><u>Session VII:</u></b></p> <p>Working Intergenerationally</p> <p>Federal Budget and Legislative Processes</p>	<p><b><u>10:00am – 2:30pm</u></b>  <b>Morning:</b> Maureen Lane, <i>Coordinator, Campus / Comm. Organizing &amp; WRI Students</i>  <b>Welfare Rights Initiative of Hunter College</b></p> <p><b>Afternoon:</b> Philip Rotundi, <i>PAC Administrator</i>  <b>National Committee to Preserve Social Security and Medicare</b></p>
<p><b><u>Session VIII:</u></b></p> <p>Organizing in a Multicultural Environment</p> <p>Public Speaking With Confidence</p>	<p><b><u>10:00am – 2:30pm</u></b>  <b>Morning:</b> Suleika Cabrera-Drinane, <i>Executive Director</i>  <b>Institute for Puerto Rican Hispanic Elderly</b></p> <p><b>Afternoon:</b> Paulette Geanacopoulos, <i>Executive Director</i>  <b>Women's City Club of New York</b></p>
<p><b><u>Session IX:</u></b></p> <p>Conflict Resolution</p> <p>Public Speaking Practice</p>	<p><b><u>10:00am – 2:30pm</u></b>  <b>Morning:</b> Alan Gross  <b>Safe Horizon Mediation Center</b></p> <p><b>Afternoon:</b> JPAC Staff</p>
<p><b><u>Session X:</u></b></p> <p>Legislative Meeting</p>	<p><b><u>10:00am – 2:30pm</u></b>  <b>Morning:</b> Congressman Jerrold Nadler  <b>United States House of Representatives</b></p> <p><b>Afternoon:</b> Course Evaluation</p>
<p><b><u>GRADUATION:</u></b></p>	