

JPAC Action Report

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Volume 8, Issue 12
December 2006

Medicare Part D Open Enrollment Period:

November 15 – December 31, 2006

(Coverage effective January 1, 2007)

As I am sure you have heard, we are in the midst of the second open enrollment period for Medicare's prescription drug program, known as Part D. Medicare beneficiaries (anyone who is covered by Medicare) can choose this coverage by purchasing it from one of the many stand-alone insurance plans or Medicare Advantage plans (these include the Medicare HMOs). Everyone's situation is unique. You should be careful in deciding if you opt for Part D coverage and, if so, the type of coverage you choose. Do not feel pressured to sign up with any plan. If you are already enrolled in a Part D plan, you will be allowed to switch plans during this period. This period does not affect people with Medicare and Medicaid since they are permitted to switch plans monthly. Should you have any questions, please contact the following to seek assistance:

- **The New York City Department for the Aging:** 212-341-3200
- **NYC Managed Care Consumer Assistance Program:** 212-614-5400
- **Medicare Rights Center:** 800-333-4114 or 888-795-4627

The first and second of the above listed offices have walk-in centers located throughout the city. It is advisable to call first to determine if your questions can be answered via a telephone conversation, and if an appointment is needed at the local office. Please do not forget about New York's EPIC program. Be sure to contact EPIC at 800-332-3742 with any questions about coverage and how EPIC works with Part D.

– Steve Swidler
IFSA Project Director

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Message from : Advisory Committee Co-Chair, Genevieve Cervera

I attended a recent press conference given by Congresswoman Carolyn B. Maloney, 14th Congressional District. It included a scathing report regarding the shortcomings of Medicare Part D. A copy of the report may be requested from her office (212-860-0606) or from the U.S. House of Representatives, Committee on Government Reform, Minority Office, Special Investigations Division (202-225-5051). The report includes proposed reforms to reduce Part D plan drug prices by directing Medicare to negotiate with drug manufacturers on behalf of beneficiaries and utilizing the drug price savings to eliminate the "donut hole."

Additionally, Representative Maloney's report recommends extending the May 15, 2006 deadline to allow beneficiaries who missed the chance to sign up for the benefit to do so now without any penalty, and to simplify the plan choices by authorizing the Medicare program to offer a standard federal plan. The report analyzes the impact of the proposed reforms to the Medicare drug benefit. It finds that these proposals could save the average beneficiary approximately \$500 per year. Congresswoman Maloney determined that the proposals would eliminate the donut hole for 10,200 beneficiaries in her district and protect almost 5,000 beneficiaries from paying hundreds of dollars in penalties. I suggest you contact your Congressional representative to determine if he or she has conducted a similar investigation in your district and to determine if their office is aware of the report issued by Congresswoman Maloney's office.

IFSA Update



Our classroom instruction of the 25th semester of JPAC's Institute for Senior Action has been completed.

On November 30th, 21 students attended an exciting graduation ceremony at IFSA's home at the Hudson Guild Elliott Center. Including this class, the number of IFSA graduates now amount to 592. An amazing amount...all thanks to the wonderful leadership and vision of the late Dorothy Epstein.

An informative IFSA Supplemental Session was held on November 1st. Those in attendance heard from experts regarding nutritional issues of concern to many older adults.

Please contact me at 212-273-5261 if you have any questions or possible IFSA students to refer for our Spring '07 class. Happy Holidays and a Healthy New Year!

- Steve Swidler
IFSA Project Director

Department for the Aging: Home Energy Assistance Program

The New York City Department for the Aging announced this year's opening of the Home Energy Assistance Program (HEAP) on November 1, 2006. HEAP is a federally funded benefit that provides financial assistance for energy costs and other services to income eligible households.

The HEAP Program is administered by the NYC Human Resources Administration. The Department for the Aging assists seniors applying for the HEAP program. Requirements for these households are applicants 60 years of age and older, Supplemental Security Income (SSI-Code A) recipients living alone or with a spouse only, and persons who are head of household receiving Social Security Disability. The Department for the Aging's Information and Referral Unit, located on the 6th Floor at 2 Lafayette Street, can assist seniors in completing their application or a HEAP application can be obtained by calling 311.

JPAC '07 Membership Recognition Page...

JPAC continues to thank and recognize all of our members and organizations that continue to support JPAC by paying their annual dues.

Abse, Elaine
 Bosik, Seymour
 Brennan, Jeanne
 Brown, Rose
 Brown, Sidney & Janice
 Cervera, Genevieve
 Chesseri, Jane
 Chin, Mary
 Chinlund, Caroline
 Curreri, Rita
 Diedrichsen, Ingrid
 Douglas, Jack
 Dunham, Kay
 Ehrlickman, Shirley

Emerman, Anne & Sidney
 Flanagan, Patrick
 Gordon, Anne
 Greenspan, Rose
 Hamid, Shirley
 Hirschhorn, Miriam
 Holden, Jaycee
 Jeong, Dor
 Kohl, Dorothy
 Korman, Miriam
 Krieger, Louis
 Lamborn, Ruth
 Leath, Thomas
 Leonard, Julie

Marin, Juan & Carmelina
 Mayerson, Steven
 Morrison, Julia
 Nedd, Christine
 Overman, Hattie
 Poserow, Sylvia
 Price, Harold
 Rudorfer, Sylvia
 Scharff, Louis
 Simmonetti, John
 Turner, Jeanne
 Wasserman, Leonard & Germaine
 Wilkins-Lightfoot, Rose
 Wilson, Lauryn
 Yeboah, Maia

JPAC Membership Dues Renewal...

It's that time of year again...2007 JPAC Membership Renewal Time!



Annual Membership Dues:

\$15 (Individuals)
 \$20 (Couples)
 \$100 (Lifetime)

Annual Organization Dues:

\$50 = 50 Members or less
 \$75 = 51 - 100 members
 \$150 = 101 - 500 members
 \$200 = 500 -1000 members
 \$250 = 1000+ members



Please use the Membership Application Form on page 12 to send in with your JPAC dues. Be sure to include ALL of your recent information, name, address, etc.

All checks should be made out to JPAC/JASA.
 If you have any questions regarding your current membership status, Please contact Tasha at (212) 273-5262 or email her at tforsythe@jasa.org.

JPAC's Newest Member...



JPAC is happy to announce that our very own, JPAC Director, **Molly Krakowski** has successfully given birth, to a beautiful 6lb, 3oz, baby girl, on Sunday, November 5th. Both baby and mother are doing just fine!



Alcohol Abuse and Older Adults



It is believed, and often times cited in articles, that alcohol abuse is at epidemic proportions among older adults. Although some completed studies have substantiated this conclusion, it is difficult to clearly quantify the extent of the problem. Regardless of how one classifies it, the issue needs to be addressed. It has been widely publicized that for the general population, *moderate* alcohol consumption (up to two drinks per day for men and one drink per day for women) may confer some protection from heart disease. However, this justification to consume alcohol does not consider the effects that alcohol may have on older adults who take prescription or over-the-counter drugs, or alcohol's effect on all seniors due to age-related body changes that occur in both women and men.

The total current population of New York State is approximately 19 million people, almost 2.5 million of which are age 65 and older. The State Office of Alcoholism and Substance Abuse Services estimates that 5% of these older adults, or 120,000 people, are problem drinkers. Unfortunately, there are probably thousands more for whom the use of alcohol presents a problem. Group counseling, such as Alcoholics Anonymous, is most often attended by younger persons who share similar life experiences, making it very difficult for an older person to relate. Older adults benefit from and are more responsive to treatment in a group setting with people their own age. Many community-based programs, including senior centers, are not aware of the incidence of alcohol abuse among older adults and do not have the expertise to recognize their alcohol problems.

In an attempt to better identify and effectively treat alcohol abuse among older adults, the New York State Assembly has passed a bill to establish senior citizen alcoholism treatment and training programs (**A.02652**). It requires that the Director of the State Office for the Aging (S.O.F.A.), in consultation with the Commissioner of the Office of Alcoholism and Substance Abuse Services, develop elderly alcoholism prevention, education and treatment demonstration programs for senior citizens. The bill was delivered to the Senate where it was referred to the Investigations and Government Operations Committee on May 22, 2006.

Take Action: As it is a measure that will benefit many older adults, you should contact your New York State Senator and request that he or she sponsor a bill in the Senate similar to the one passed by the Assembly last Spring. In the interim, should you have any questions regarding a situation involving the use of alcohol, please contact the State Office of Alcoholism and Substance Abuse Services at their Manhattan based New York City Office, 501 7th Avenue or call them at 646-728-4533. They can direct you to the local borough office closest to your home.



- Steve Swidler
IFSA Project Director

Proposed Federal Communication Commission Rule Changes



The Federal Communication Commission (FCC) is considering new rules pertaining to further media consolidation. Why is this so important to all residents of this city and country? It is because the FCC is an independent United States government agency charged with regulating all non-Federal government use of radio and television broadcasting, all interstate telecommunications and all international communications that originate or terminate in the United States. Its jurisdiction covers the 50 states, District of Columbia and U. S. possessions. A lot of power and influence is concentrated in this single agency.

The proposed changes will increase the number of newspapers, radio and TV stations that one company is permitted to own in a specific geographic area by easing remaining restrictions. The current ban on cross-ownership of newspapers and broadcast outlets would be eliminated. This will permit one corporation to own newspapers, television and radio stations, the cable system and the busiest Internet sites in a community. Consolidation of the media ownership by giant corporations eliminates diverse and local sources of news, music and entertainment programming.

Large conglomerates already have combined media outlets across this nation. The result has been decreased coverage of local issues, as well as fewer objective editorial opinions regarding the events of the day. This media takeover by a few large companies has muted reports of local issues such as New York's housing crisis and proposed hospital closings. In terms of entertainment, there are reduced opportunities for actors. The last remaining independent producers struggle to survive homogenization and the disappearance of varied radio and television formats. Additional consolidation will stifle the creativity of independent musicians and artists.

FCC-licensed broadcasters are considered public trustees. It is their responsibility to ensure that the needs and interests of their communities of license are properly informed. They are obligated to provide such local service.

Take Action: If you are dissatisfied with your local media...if you want them to do a better job covering issues you care about... if you feel that a few giant media conglomerates cannot adequately provide the diverse and independent viewpoints that you need and deserve, let the FCC and your elected Federal officials hear from you! You can use the attached action letter. Comments must be received by the FCC prior to December 21, 2006.



- Adele Bender
Queens Coordinator

Corporate Gains....Public Loss

One of the biggest problems with Washington is the role that special interest groups play in the decision making process of legislators and their staff. The first amendment grants us the right to petition our government for a redress of grievance; thereby, enabling us to lobby for legislation that we may be passionate about. However, there is a clear line that separates lobbying to affect change within the guidelines of the law and bribery. Unfortunately this line appears to be breached too often by greedy, unscrupulous lobbyists who would do virtually anything to further their cause. At the beginning of 2006, Washington was plagued by the shadow of the Jack Abramoff scandal. He and his clients gave Republicans \$2.9 million and \$1.5 million to Democrats. Although this may appear to be "big money," it is almost nothing when compared to the monies that flow from special interest groups on an annual basis. The Political Money Line, a website that tracks money spent on campaign and lobbying, found that federal lobbyists spent \$2.14 billion in 2004 and \$1.12 billion during the first six months of 2005 on lobbying initiatives (Simmons, 2006). With all the money that flows through Washington from special interest groups, it is no wonder the needs of ordinary citizens become secondary, assuming they are viewed with any relevance at all.

Other than immediate monetary compensation, another method used by special interest groups to solicit support for their causes is to promise elected officials, and/or their staffers, high profile positions in exchange for legislations that would benefit them. This process, known as the **revolving door**, must be stopped (Simmons, 2006). William Tauzin, the architect and principle author of Medicare Part D, resigned from his seat in the House of Representatives to become the CEO of the Pharmaceutical Research and Manufacturers of America (PhRMA), the political action committee for the pharmaceutical industry. It is estimated that Tauzin now earns roughly \$2 million a year (www.tompaine.com). The perception is that Tauzin solidified this position by pushing Medicare Part D forward at the expense of those that are still trying to figure out Part D.

The *Honest Leadership and Open Government Act of 2006*, **H.R.4682** sponsored by Representative Nancy Pelosi in the House of Representatives and **S.2180** sponsored Senator Harry Reid in the Senate, would decrease the influence lobbyists and special interest groups have on politicians and slow the revolving door. If enacted these bills would:

- End the practice of adding pork barrel projects to bills after House and Senate negotiators draft a compromise.
- Require bills to be made public at least 24 hours prior to being placed on the full for a vote.
- Require elected officials and their aides to inform the ethics committee of any negotiations for private sector jobs.
- Create an Office of Public Integrity and strip former officials, turned lobbyists, of certain perks that allows them to effectively lobby their former peers. (Birnbaum, 2006)

Take Action: Contact your Representatives and urge them to co-sponsor **H.R.4682** and actively work for its inception in 2007 (The capital switchboard is 202-224-3121). Call the offices of Senator Schumer (212-486-4430) and Senator Clinton (212-688-6262) to thank them for being co-sponsors of **S.2180**.

The information from this article was taken from: Birnbaum, Jeffery H. "Lobbyists won't Like What Pelosi Has in Mind." Washington Post, 10/30/06; Simmons, Greg. "Politicians Ponder Where to Draw the Line on Lobbying." Fox News, 1/17/06 and www.tompaine.com

- Bola Aribidesi
Bronx Coordinator

Predatory Lending



One of the newer "scams" that older adults are encountering these days is the problem of predatory lending. According to the U.S. Department of Housing and Urban Development (HUD), "predatory mortgage lending practices strip borrowers of home equity and threaten families with foreclosure." Older adults are targeted because they are more likely to have greater equity in the properties that they own (and thus a greater borrowing capacity). Older people may be more vulnerable to being convinced by clever con men to borrow money and less likely to report this type of scam because of shame and fear.

If you own a home, co-op or condo and have not requested information pertaining to a potential loan, be very wary of unsolicited offers. Some of the most common predatory loan practices include excessive fees, abusive prepayment penalties, kickbacks to brokers and unnecessary products. One type of scam includes a contract requiring "mandatory arbitration" meaning that the borrower is not allowed to seek legal remedy in a court if her or his home is threatened by loans with illegal or abusive terms. It is imperative that you make sure a lawyer examines any mortgage or home equity loan agreements before you sign on the dotted line!

HUD has also found that in African-American neighborhoods over half of the refinance mortgages are sub-prime loans (loans at a higher than normal interest rate) even though many of the mortgage holders might qualify for a lower interest rate loan. This is an example of "steering and targeting" of abusive loan practices.

In short, be very wary of unsolicited offers of home equity loans or other types of loans that seem "too good to be true". **If you have questions about home equity loans or mortgages you can call HUD at 800-569-4287 to find a reputable counselor in your area.**

- Woody Goldberg
Brooklyn Coordinator

From the IFSA Supplemental Session

We were fortunate to have Antoinette Emers, Senior Program Officer for the Senior Food program of FoodChange speak at our November session. She offered valuable information regarding the food choices we make. For those that were not able to be there, I have included some significant nutritional information.

- Dark leafy green vegetables are a powerful source for vitamins and minerals.
- Greens contain:
 - Sulforaphane, which stimulates enzymes that help protect you against cancer.
 - Micronutrients and phytochemicals that protect you against cancer.
 - Vitamins A, C & E
 - Antioxidants
 - Iron, calcium, essential minerals and magnesium
 - Folic acid
 - Beta-carotene
- Kale is on the list of top 10 healthiest foods you can eat.
- Omega-3 oils, found in certain nuts, seeds (including flaxseed) and fish, are vital for health, but most of us don't get enough of them. They may prevent heart attacks, improve artery elasticity, help with depression and arthritis, and promote smoother skin.

Excess intake of caffeine may cause cardiovascular problems, stress, emotional disturbances, blood sugar swings, gastrointestinal problems and nutritional deficiencies.

Often, people are eligible for the "Food Card" (Food Stamps), but do not apply! There are different eligibility income levels, depending upon the number of people in a household. For a single person, monthly income must be less than \$1,037 (and less than \$1,390 for two). You may apply even if you have no income. You may apply at any NYC Food Stamp Program office. To determine if you qualify, and to obtain additional information, please call (866) 366-3692.

- Steve Swidler
IFSA Project Director

Timothy's Law for New York...and Possibly Everyone

The likelihood of providing mental health insurance coverage that is more equal to physical health coverage is looking hopeful for New York State and perhaps even for the entire country. When the United States Congress created the Mental Health Parity Act in 1996, they did not make it a requirement for health insurance companies to provide mental health. As a result, many states have been trying to do just this. New York's legislation was initiated by the suicide of a twelve year old boy named Timothy O'Clair. Timothy was unable to receive the treatment he needed to prevent his death because of the lack of mental health coverage in his parents' insurance.

Timothy's Law (**S.8482**) would require insurance companies to cover 30 inpatient days of treatment and 20 outpatient days of treatment for all mental illnesses. Biologically based mental illnesses including depression and schizophrenia among many others would be fully covered by insurance companies. The law would also require that children under the age of 18 with certain behavior or emotional disorders be fully covered by insurance companies. The New York Assembly has passed Timothy's Law numerous times only to have the Senate turn it down. This year, however, Timothy's Law was finally passed in the New York State Senate with a few compromises. The Senate approved the bill, but excluded coverage for alcohol and substance abuse. Despite this exclusion, passage in the Assembly of **A.12080** has been assured. In order to become law, the bill must be signed by the Governor.

Take Action: Contact Governor Pataki to urge him to sign the bill when it reaches his desk by calling (518)474-1041, or writing to Governor George E. Pataki, State Capitol, Albany, NY 12224.

Nationally, federal legislation with goals similar to Timothy's Law has been introduced in Congress. Passage would create mental health parity for all Americans. Almost 300 members of the United States House of Representatives are currently supporting the Paul Wellstone Mental Health Equitable Treatment Act (**H.R.1402**). This Act would require insurance companies to provide mental health coverage in all states. Despite the many supporters, a vote on the act has been stalled by the leadership of the House for six years! A few weeks ago a "bring-parity-to-a-vote" Discharge Petition was created to force Congress to vote on the act.

It is important to advocate for both Timothy's Law and a Federal law. New York's legislation has often been used as an example of progressive actions for other states. If our United States Congress continues to deny Americans the right for satisfactory mental health parity, New York's law could lead the way for the rest of the country.

Take Action: These are four U.S. Representatives from the New York metropolitan area who have co-sponsored **H.R.1402**, but have not signed the Discharge Petition. Contact these Representatives and ask them to sign Discharge Petition #18 to bring mental health parity bill to a vote. Please call or write each representative and state "I am calling/writing to ask that the Representative sign discharge petition #18 for immediate passage of the Paul Wellstone Mental Health Equitable Treatment Act. I appreciate his/her having cosponsored the bill, but families struggling with mental or substance use disorders need action on this bill now."

Eliot L. Engel 3655 Johnson Ave. Bronx, NY 10463 (718) 796-9700	Major R. Owens 289 Utica Avenue Brooklyn, NY 11213 (718) 773-3100	Charles B. Rangel 163 West 125th Street Manhattan, NY 10027 (212) 663-3900	Peter T. King 1003 Park Blvd. Massapequa, NY 11762 (516) 541-4225
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- Julie Green
Student Intern

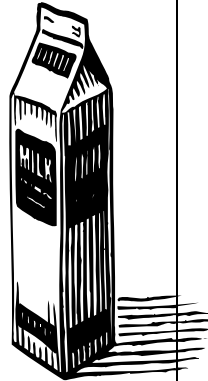


OWL NEWSLETTER

The Voice of Midlife and Older Women
December 2006

Greater NY Chapter Older Women's League
Box 1242, Ansonia Station
New York, NY 10023
Tel . 212-663-2932

Women's Health Initiative Study on Calcium & Vitamin D



The WHI has found that not all women need to take calcium supplements routinely if they are able to get adequate daily calcium through their diet.

The National Osteoporosis Foundation in its May newsletter reported that if women are not getting adequate calcium from food, taking supplements plays an important role in filling that gap. For older women, it is important that you discuss this with your doctor at your annual checkup because too much calcium can slightly increase the risk of kidney stones.

For optimal bone health, vitamin D is also critically important. If you are getting less than 1,200 mgs per day, than you should take a supplement.

The Consumer Union Report on Health, Oct. 2006, reports that "older adults are more likely to fall if they are deficient in vitamin D. In a yearlong study of vitamin-D blood levels in 1,231 adults 65 and over, those who were vitamin-D deficient were 78 percent more likely to fall at least twice than those with adequate vitamin levels. Possible reason: vitamin D is important for muscle function as well as strengthening bones.

Save The Dates!



OWL HOLIDAY PARTY -

For the past two years OWL has joined the New York Statewide Senior Action Council for its holiday get-together. It is scheduled for Monday, Dec. 11, at 1 p.m. the Community Church on East 35th Street between Madison and Park Avenues. Many OWL-GNY members also belong to New York Statewide. If you would like to attend, please call Juanita Doares at 212-663-2932 or email her at broomjockey@earthlink.net

Best Wishes to all our Sister Owls, friends and fellow advocates for the Holiday Season and for a Healthy and Peaceful 2007!

NYNAMSS Update...

New York Network For Action on Medicare and Social Security (NYNAMSS) is dedicated to protecting, improving and expanding Medicare and Social Security through grassroots activities. We also fight for access to affordable medicine for everyone and healthcare for all. We are a coalition of seniors, retirees people with disabilities and chronic diseases, health advocates and community organizations.

OWL-GNY has been a member of the NYNAMSS coalition since its founding. The last meeting of NYNAMSS in 2006 will be held on Friday, December 15th, at 200 East 5th Street, (corner of 3rd Ave.) at 10 a.m.



Membership Renewals

The December issue of the OWL newsletter includes an application for your 2007 membership renewal. We urge you to support the important work of the Older Women's League by continuing to pay your national and local dues. If you feel unable to afford the \$25 national and \$10 local membership fee, you may pay whatever can. If you have questions about your membership status, please call 212-663-2932.

WE NEED YOUR SUPPORT AND ADVOCACY FOR MIDLIFE AND OLDER WOMEN!

OWL 2007 Membership Dues Renewal

OWL dues from most of our members are due in January. Some few of you are due at different times of the year on your Anniversary date. Those members will be sent a notice in advance of that. If you have questions, please call Juanita Doares at (212) 663-2932.

PLEASE RENEW YOUR MEMBERSHIP – WE NEED YOUR SUPPORT!

OWL '07 Membership Application

\$35 Annual Chapter Dues (\$10) – Provides opportunity for members to meet on issues of mutual concern, for education and advocacy, emphasizing local, state and regional activity. Members receive the OWL Newsletter.

Annual National Dues (\$25) – Supports national advocacy campaigns and network for chapters. Members receive the OWL Observer, the Field Advocate and discounts on OWL publication.

Since membership dues do not adequately support all OWL activities, I enclose an additional donation of: \$100 ___ \$75___ \$50 ___ \$25___ Other ___

\$___ Total Amount Enclosed. Please make checks payable to: Older Women's League (OWL).

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____

December 2006

Federal Communications Commission
445 12th Street SW
Washington, D.C. 20554

Attention: Kevin Martin, Chairman

Dear Mr. Martin:

Proposed media consolidation would result in limited information on the issues that the public receives. It would mean that fewer owners would be in a position to exert more control over what news is reported that is of concern to the citizens. In order that there be a broader scope of issues that keep the public properly and fully informed, any proposed consolidation must be rejected.

Studies on Media Consolidation say that easing media ownership rules would hamper and inhibit broad and adequate coverage not only of the news, but of our entertainment. Limits on media consolidation have been able to stem the concentration of economic power in the market place of ideas and an important part of balancing service to the public. Democracy needs the free flow of information from a broad range of diverse voices and ideas. As it is there has been a homogenization of content in radio and TV. The free flow of news and information is at the heart and soul of our democracy. To allow more concentration of local media markets will only serve to narrow the scope of ideas and information therefore depriving the public and communities of its right to know.

I request therefore, that any proposed changes by the FCC of the rules that would lead to fewer owners of more of our media, be rejected.

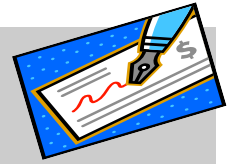
Respectfully,

Name _____

Address _____

We Need You!

Renew your JPAC 2007 Membership Today!



If you haven't already done so, please send in your 2007 membership dues.
Also, encourage your senior center, church, synagogue, and
retiree group to join JPAC.

(please check one)

ANNUAL: \$15 _____ \$20 _____
(Individual) (Couple)

Sliding fee: \$ _____ *(Whatever you can afford)*

LIFETIME: \$100 _____ \$150 _____
(Individual) (Couple)

ANNUAL ORGANIZATIONAL DUES:

\$50 = 50 Members or less
\$75 = 51 - 100 members
\$150 = 101 - 500 members
\$200 = 500 - 1000 members
\$250 = 1000+ members

Name: _____

Organization: _____

Address: _____

Phone: (_____) _____

Email: _____

*Don't forget, you get recognition in the next month's JAR!
Please make all checks payable to JPAC/JASA and mail it into the JPAC office at
132 West 31st Street, 10th Floor, NYC 10001*



Please keep this handy



December
2006

JPAC Calendar of Events
Happy Holidays!

<p>1 Friday</p>	<p>1 p.m. - Mental Health Committee Meeting - @ JPAC for Older Adults, 132 West 31st Street, 10th Floor, (between 6th & 7th Avenues). Please RSVP to Woody at (718) 934-7718.</p>
<p>5 Tuesday</p>	<p>10 a.m. - Membership Committee Meeting - @ JPAC for Older Adults, 132 West 31st Street, 10th Floor, (between 6th & 7th Avenues). Please RSVP to Bola at (718) 365-4044.</p>
<p>5 Tuesday</p>	<p>2 p.m. - 4 p.m. - Medicare Part D Training - @ JASA Cooper Square, 200 East 5th Street, NYC. Please RSVP to Tasha at (212) 273-5262 if you would like to attend.</p>
<p>7 Thursday</p>	<p>10 a.m. - Noon - Medicare Part D Training - @ JASA Cooper Square, 200 East 5th Street, NYC. Please RSVP to Tasha at (212) 273-5262 if you would like to attend.</p>
<p>13 Monday</p>	<p>1:30 p.m. - Queens Borough Meeting - @ Flushing Library, 41-17 Main Street, Flushing. Please RSVP to Adele at (718) 286-1528.</p>
<p>18 Tuesday</p>	<p>10 a.m. - Manhattan Borough Meeting - @ Community Church of NY, 40 East 35th Street, (between Park & Madison). Please RSVP to Tasha at (212) 273-5262.</p>
<p>19 Monday</p>	<p>2 p.m. - Brooklyn Borough Meeting - @ St. Francis College, 180-182 Remsen Street, (Downtown Brooklyn). Please RSVP to Woody at (718) 934-7718.</p>
<p>20 Wednesday</p>	<p>10:30 a.m. - Bronx Borough Meeting - @ Mosholu-Montefiore Senior Center, 3450 Dekalb Avenue (near East Gunhill Road) Bronx, NY. Please RSVP to Bola at (718) 365-4044.</p>
<p>20 Wednesday</p>	<p>1p.m. - Housing Committee Meeting - @ JPAC for Older Adults, 132 West 31st Street, 10th Floor, (between 6th & 7th Avenues). Please RSVP to Adele at (718) 286-1528.</p>

Jewish Association for Services for the Aged
JPAC for Older Adults
132 W. 31st St. - 10th Floor
New York, NY 10001

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JPAC Action Report

Molly Krakowski, *JPAC Director*,
Steve Swidler, *IFSA Director &*
Tasha Forsythe, *Administrative Assistant*
☎ (212) 273-5262 ☎

JPAC is funded by the NYC Department for the Aging with additional support from the Brooklyn Borough President Marty Markowitz; State Senators Tom Duane, Liz Krueger, and Eric Schneiderman; City Council Members Christine Quinn, Gale Brewer, Jessica Lappin and the Manhattan Delegation.

JPAC is sponsored by the Jewish Association for Services for the Aged (JASA).

JPAC is strictly non-partisan



Happy
Holidays
from the
JPAC Family
to yours!